Sports tourism in Messinia



Sunrise village Beach Hotel

The hotel located at "Petalidi" area provides visitors all the facilities, comfort for a pleasant stay and sporting opportunities such as water sports, swimming pool and tennis court.

Langley Buca Beach Resort

The Resort is situated on the "Analipsi Beach", an idyllic location, surrounded by nature. It has a fully equipped water sports centre (open every day of the tourist season), 5 tennis courts as well as trainers.

Sports installations in Kalamata

Municipal swimming pool

Ideal for swimming sports and water-polo with modern installations, heated swimming-pool of 10 lanes and many other services. It has entertained the National Swimming Games (1999) and the National Water-Polo Games for youths, men and women (1999-2000).

Municipal Stadium of Paralia (seaside)

It has a rubber carpet of 400m, with 6 corridors, football pitch with grass, modern medical centre, weights room, indoors space with rubber carpet for wintertime preparation, lighting for night training and indoors gym. It entertains the track games "Papaflessia".

Municipal Sports Center of Paralia (seaside)

This is an indoor gym that has the most modern installations. It has entertained the National Wrestling Games.

Municipal Sports Center "Tenta"

"Tenta" is an indoor space of 2.500 capacity, three grounds with parquet for sports and gymnastics and 4 open-air tennis grounds. It entertains the meeting of Rhythmic Gymnastics for 21 years now.

Sailing Centers

The Kalamata Marine Club "Poseidon" and the Marine Club "Aiolos" have modern marine installations.

Other installations

Municipal shooting grounds, Messiniakos sports ground, 5x5 football grounds, go-kart racing track, Municipal tennis, volleyball and basketball grounds.

Sports installations in other Messinian towns

- Municipal Gym of Gargaliani
- Municipal Gym of Kyparissia "Konstantinos Adamopoulos"
- · National Stadium of Messini
- National Stradium of Pylos "Olympic Champion K. Tsiklitiras"











Messinia, ideal sports destination...

Sports tourism in Messinia









Sports tourism in Messinia

The beautiful natural environment of Messinia along with the pleasant Mediterranean climate and the current athletic infrastructure renders it an ideal destination for all kinds of athletic activities throughout the year.

Major sporting events in Messinia



International Athletics Meeting "Papaflessia"

TPapaflessia is an international well known athletics meeting that is held annually in Kalamata. This meeting has an international character since 1996.

The International meeting is held under the auspices of the European Athletics Federation and is co-organized by the Messinian Gymnastic Club, the Hellenic Association of Amateur Athletics (SEGAS), the Peloponnese Region and the Municipality of Kalamata. Some of world's top athletes participate to this annual event that is held every spring at the Municipal Stadium in Kalamata.

International Meeting Rhythmic Gymnastics "Kalamata Cup"

The sport was recognized by the International Federation in 1961 and was included on the program of the Olympic Games in 1984 for the Individual competition and in 1996 for the Team Competition - Ensemble. The Annual Meeting Rhythmic Gymnastics «Kalamata Cup» involves athletes from all over the world and is held each April in Kalamata for 21 years.



Freediving World Championships

The Freediving World Championships / AIDA International take place in Kalamata, since 2011. The championships are held in September and about 200 athletes from 35 countries accompanied are taking part to the event.

The Freediving World Championships highlights the advantages of the city and the region, and promotes the development of nautical tourism.

The «FreedivingClubGreece» has undertaken the organization in cooperation with local institutions of the city.

Three Level Power or Triathlon

The three endurance races (swimming, cycling, and running) are taking place since 2011 in September, in the area of Kalamata and the wider region of Messinia in order to promote them as an ideal tourist destination.

To this athletic event participate more than 120 athletes from Greece.

The Active-Greece cycling & hiking tours of Kalamata have undertaken the organization in collaboration with the Municipality of Kalamata and all local institutions of the city.





Cycling Tour Mount Taygetos MTB OPEN

The annual Cycling Tour Mount Taygetos MTB OPEN (categories FAN 23,8 km, RACE 50,4 km, KIND 1.500m) takes place since 2012 in the village Nedousa of Messinia, located at an altitude of 707 meters on the Mount Taygetos in order to promote cycling tourism and highlight the rare beauty of Taygetos. The Cycling Tour is organized by the club "EFKLIS" Kalamata, in collaboration with the Region of Peloponnese and other organizations.

Sports tourism in Messinia



Tennis Summer Camp

The Tennis Summer Camp is annually organized in Kalamata, capital of Messinia, for lovers of this sport, by the Tennis Club of Kalamata which has new installations on the west coast of the city.

National Jet Ski Championship

The 1st race of the National Championship Jet Ski was organized in July at the Port of Kalamata by the Municipality in cooperation with the National Club Jet Sport (HJSBA - Hellenic Jet Sports Boating Association) and other sporting institutions.

The aim is the promotion of the marine motorsport in the region.



Open sea vachting event "Maniatakeion CUP"

The "Maniatakeion in the Gulf of Mess Association of Sout

The "Maniatakeion Cup" is a two-day open sea yachting event that is held since 2010 in the Gulf of Messinia, between Kalamata and Koroni and organized by the Yachting Association of Southern Greece and the Maniatakeion Foundation.

Hotel complexes: sports installations and sports activities

Costa Navarino

The top hotel complex "Costa Navarino" is an ideal destination for guests who want to combine holidays and sports throughout the year. Its programs include various sports and concern guests of all ages

Among these sports: Sea sports as surfing and diving by Navarino Sea, fully equipped and organized athletic center for basketball, volleyball and bowling, Racket sports as tennis and Mini tennis for kids by Navarino Racquet Academy, padel, squash, badminton, ping-pong and speedminton.



Navarino Golf Academy also offers to guests the possibility to learn about golf, the popular sport — a sport that is not very familiar in our country — by group lessons that take place at "The Dunes Course" and "The Bay Course".

Finally, in Costa Navarino are held many sports events such as: the International Golf Tournament "Aegean Airlines Pro-Am, the "Navarino Bike Festival", the basketcamp «Brent Petway & Friends», the 1st Racquet Sports Camp of the Athletic Club of Patras etc.



ite Lity Resort

This beachfront hotel complex located in Kalamata gives visitors the opportunity to combine holidays and sports thanks to its fully equipped sports facilities (swimming pool with Olympic specifications for synchronic swimming and water-polo, tennis and basketball grounds).

MESSINIAN CHAMBER OF COMMERCE & INDUSTRY